

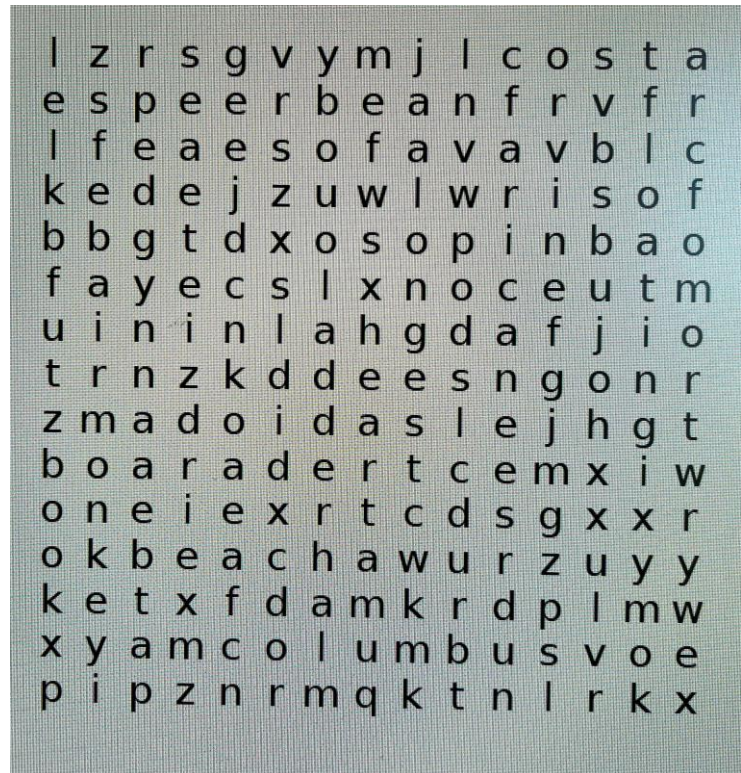


Seaside News



Have you ever found a sea heart on the beach? They are rare and have a legend attached to them. The sea heart comes from a vine called monkey ladder, which grows in Costa Rican forests. They grow the longest bean pods of any legume – up to 6 feet, according to *The Little Book of Sea – Beans* by Cathie Katz and Paul Mikkelsen. They write that “The sea heart is called ‘Fava de Colon’ or ‘Columbus Bean’ by residents of the Azores – they believe Sea Hearts provided inspiration to Christopher Columbus (when he saw them floating in the ocean) to lead him to search for land to the west where seeds the seeds grew – so he thought!” The heart-shaped bean is a favored beach find!

Word Search



floating columbus longest monkey
ladder legend legume rican
beach seeds grow costa
find pods vine bean
book fava rare heart sea

1. What is the name of the vine that sea hearts come from?
2. Where does the vine grow?
3. What explorer was inspired by the sea heart?
4. Why do you suppose sea hearts can wash up on beaches so far from their home?

1. Monkey Ladder
2. Costa Rican Forests
3. Christopher Columbus
4. The sea beans could ride ocean currents to reach beaches far and wide.

JOKE OF THE MONTH!

What do you get when you combine and elephant with a fish?

Swimming Trunks!